DOCUMENT RESUME

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ABSTRACT

This document contains eight competency profiles for home economics courses. The profiles are rating cards that instructors can use to evaluate student performance according to a four-point scale, ranging from mastery to no exposure. Ratings for each task reflect employability readiness. Courses for which competency profiles are provided are the following: (1) exploratory homemaking; (2) home economics II; (3) contemporary living; (4) clothing and textiles (intermediate); (5) clothing and textiles (advanced); (6) home management; (7) housing, home furnishings, and equipment; and (8) family living and parenthood. (KC)

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ED344996

HOME ECONOMICS COMPETENCY PROFILES

Instructional Materials Lab
University of Missouri
Columbia, MO

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Name: _____ **Exploratory Homemaking** 40-1100-C

MO89CD02

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

Rating Scale:
- **3 Mastered** - can work independently with no supervision
- **2 Requires Supervision** - can perform job completely with limited supervision
- **1 Not Mastered** - requires instruction and close supervision
- **N No Exposure** - no experience or knowledge in this area

CP ExplHmEc1 9/89

CHILD DEVELOPMENT

3 2 1 N

A. Applying Principles of Child Development

1. Appraise personal attitudes toward children
2. Recognize individual differences in growth and development
3. Describe ways to guide intellectual, emotional, social, and physical growth
4. Classify developmental tasks and growth patterns
5. Evaluate the role of nurturance on growth and development
6. Describe ways to promote the development of interests and talents

Other (specify) _____

3 2 1 N

B. Demonstrating Techniques for Guiding Behavior

1. Demonstrate management techniques for children's activities
2. Analyze role of parents and care givers in toy selection, use, and storage
3. Demonstrate activities to promote the development of communication skills

Other (specify) _____

3 2 1 N

C. Analyzing Health Needs and Records During Developmental Stages

1. Describe nutrition and hygiene needs of children
2. Evaluate outside health services
3. Describe health records kept by parents

Other (specify) _____

3 2 1 N

D. Developing Guidelines for Safe and Secure Environments

1. List emergency procedures and treatment
2. Analyze safety of children's products
3. Compare prices, quality and features of children's clothing and products
4. Describe ways to share responsibilities of parenting among family members

Other (specify) _____

3 2 1 N

E. Describing Roles and Responsibilities of Baby Sitters (Employees), and Care Givers

1. Describe roles and responsibilities of parents (employers)
2. Describe decisions for care givers in specific situations
3. Compare types of available services for child care
4. Describe factors to consider in evaluating available services

Other (specify) _____

CONSUMER EDUCATION

3 2 1 N

F. Recognizing Types of Personal Resources

1. Describe personal values, standards, resources, needs, and wants
2. Describe ways to use, trade, and share personal resources

Other (specify) _____

3 2 1 N

G. Appreciating Role of Management in Family Decision Making

1. Describe examples of steps of the management process
2. Create a plan to manage personal resources
3. Apply steps in decision making
4. Appraise decision making skills
5. Identify factors influencing personal decisions

Other (specify) _____

3 2 1 N

H. Recognizing Family Roles in Planning for Expenses and Savings

1. Develop a personal spending plan
2. Record personal income & expenditures
3. Identify sources of youth and family income
4. Identify future goals related to spending and saving
5. Appraise ways to save money
6. Analyze advantages & disadvantages of types of credit

Other (specify) _____

3 2 1 N

I. Recognizing Role of Family Members in Managing Finances

1. Analyze issues related to consumer practices
2. Compare product and services information
3. Identify options for obtaining goods and services
4. Investigate accompanying costs of products and services
5. Describe energy conservation techniques

Other (specify) _____

3 2 1 N

J. Identifying Sources of Consumer Services

1. Identify services and regulations which protect consumers
2. Describe consumer action for recourse and other responsibilities
3. Identify types of insurance (health, automobile)
4. Recognize purposes of insurance (property, liability, health)
5. Analyze need for insurance

Other (specify) _____

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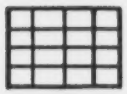
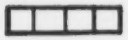
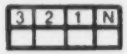
FOOD AND NUTRITION

K. Evaluating Food Habits, Health, and Appearance



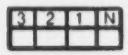
1 Evaluate personal preferences
2 Appraise family food patterns
3 Determine functions of foods
4 Prepare ethnic foods
Other (specify)





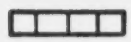
L. Describing Functions of Nutrients

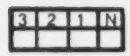
1 Select food sources of nutrients
2 Identify recommended guidelines
3 Determine personal caloric needs
Other (specify)



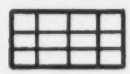
M. Using Food Group Guidelines

1 Evaluate meals and snacks
2 Analyze methods of weight control
3 Describe special diets
Other (specify)

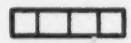


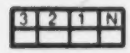


N. Describing Sources of Consumer Information

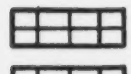


1 Describe family values and resources
2 Analyze advertisements
3 Analyze cost of convenience foods
Other (specify)

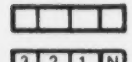


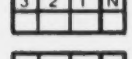


O. Planning Food Purchases

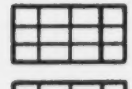


1 Calculate menu costs
2 Evaluate safe storage methods
Other (specify)

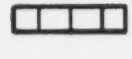




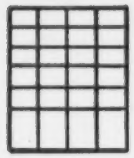
P. Recognizing Safe and Sanitary Environments



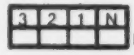
1 Use safe and sanitary procedures
2 Eliminate kitchen hazards
3 Maintain kitchen equipment
Other (specify)



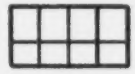
Q. Demonstrating Preparation Techniques and Principles



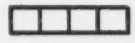
1 Use recipe information
2 Collect ingredients, supplies and equipment
3 Prepare breads and cereals
4 Prepare fruits and vegetables
5 Prepare protein foods
6 Recognize advantages and disadvantages of convenience products
Other (specify)

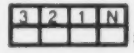


R. Developing a Time Plan

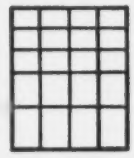


1 Plan meals and snacks according to available resources
2 Evaluate resource management techniques
Other (specify)

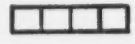




S. Setting a Table

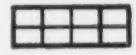


1 Compare types of table service
2 Serve meals and snacks
3 Recognize meal etiquette
4 Demonstrate table manners and host/hostess duties
5 Select tableware, flat-ware and other supplies
Other (specify)

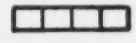


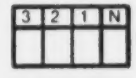
CLOTHING AND TEXTILES

T. Recognizing the Relationship Between Clothing Choices and Self Concept



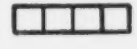
1 Interpret personal choices related to dress
2 Describe behaviors associated with dress
Other (specify)

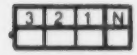




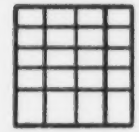
U. Recognizing Influence of Personal Hygiene on Health and Appearance

1 Select and use personal hygiene products
2 Demonstrate standing, walking, and sitting postures
Other (specify)

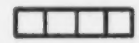




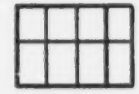
V. Inventorying a Wardrobe



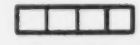
1 Inventory clothing and accessories
2 Determine values/needs/wants
3 Identify lifestyle and preferences
4 Describe design principles
5 Plan wardrobe additions, deletions, and adaptations
Other (specify)

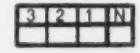


W. Determining Sources of Consumer Information

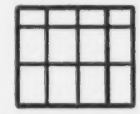


1 Describe consumer protection laws and recourse procedures
2 Recognize factors influencing clothing purchases
Other (specify)

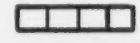




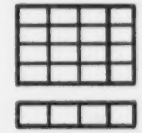
X. Preparing a Clothing Budget



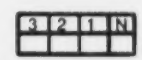
1 Compare price/quality/care
2 Compare benefits of home made and ready made garments
3 Evaluate functions of fibers, fabrics, and finishes
Other (specify)

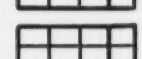


Y. Comparing Hand and Machine Washing and Dry Cleaning Methods



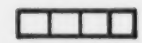
1 Compare uses and storage of cleaning aids
2 Remove clothing stains
3 Demonstrate pressing methods
4 Describe safe use of equipment and supplies
Other (specify)

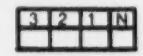




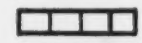
Z. Demonstrating Repair Methods

1 Describe ways to recycle clothing
2 Identify outside services for clothing maintenance
Other (specify)





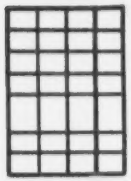
AA. Describing Storage Methods



1 Identify storage accessories
Other (specify)

3 2 1 N

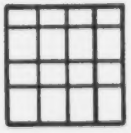
BB. Recognizing Preparation Procedures for Sewing



1 Record body measurements: type, size
2 Select pattern and equipment
3 Use pattern information
4 Prepare basic alterations
5 Demonstrate preparations/layout/cutting/markings transfer
6 Demonstrate safe use of sewing machine
7 Clean and oil the machine
Other (specify)

3 2 1 N

CC. Following Directions for Constructing a Garment/Project

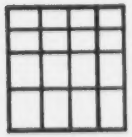


1 Demonstrate safety habits
2 Demonstrate seams and seam finish variations
3 Press garment/project
4 Evaluate accuracy, usefulness, procedures in construction
Other (specify)

HOUSING AND HOME MANAGEMENT

3 2 1 N

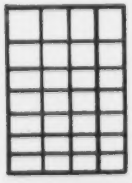
DD. Listing Shelter and Space Needs



1 Analyze lifestyle, needs, values, goals
2 Identify life cycle stages
3 Analyze basic human needs met through housing
4 Evaluate family tasks and adjustments related to moving
Other (specify)

3 2 1 N

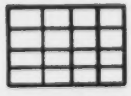
EE. Describing Costs of Housing and Location Options



1 Recognize family values, goals, needs, and wants
2 Determine percent of income for housing
3 Compare types of housing
4 Compare methods to secure housing
5 Compare accompanying costs of housing
6 Compare maintenance costs
7 Describe different neighborhoods
Other (specify)

3 2 1 N

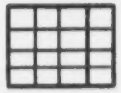
FF. Evaluating Energy Conservation Methods



1 Compare housing designs
2 Compare landscaping options
3 Appraise personal energy use
4 Analyze energy efficiency of furnishings
Other (specify)

3 2 1 N

GG. Applying Elements of Design



1 Appraise role of design elements
2 Appraise design in dwellings
3 Analyze color schemes
4 Recognize personal preference and lifestyle
Other (specify)

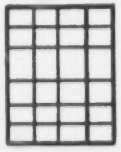
3 2 1 N

HH. Applying Principles of Design

1 Analyze role of design principles
2 Appraise design in dwellings
3 Recognize preference and lifestyle
Other (specify)

3 2 1 N

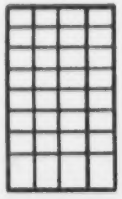
II. Comparing Styles and Construction



1 Appraise personal preferences and needs
2 Appraise ways to recycle furnishings
3 Create room arrangements for specific taste and lifestyle
4 Compare features, price and quality
5 Plan traffic patterns
6 Evaluate arrangements for special needs
Other (specify)

3 2 1 N

JJ. Coordinating Maintenance Tasks

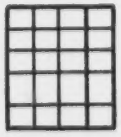


1 Appraise time management techniques
2 Appraise resource management techniques
3 Appraise maintenance services
4 Describe yard and garden care techniques
5 Follow safety rules in maintaining equipment
6 Describe uses of equipment and products
7 Evaluate products for care and maintenance
8 Compare procedures to clean and store equipment and products
Other (specify)

FAMILY LIVING AND PARENTHOOD

3 2 1 N

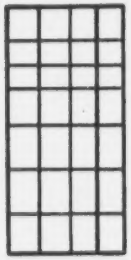
KK. Describing Characteristics of a Healthy Self Concept



1 Describe ways to meet basic human needs
2 Appraise values and goals
3 Identify personality characteristics
4 Describe feelings and attitudes related to specific situations
5 Describe individual talents
Other (specify)

3 2 1 N

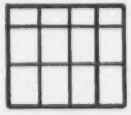
LL. Describing Ways to Build Relationships with Others



1 Describe types of personal relationships with others
2 Appraise ways to build relationships
3 Describe responsibilities in friendship
4 Evaluate desirable qualities of dating partners
5 Appraise methods for coping with stress and crisis
6 Recognize individual differences in relationships
7 Describe issues related to equity in roles and responsibilities
Other (specify)

3 2 1 N

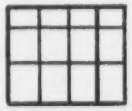
MM. Describing Ways to Promote Communication



1 Appraise own communication skills
2 Distinguish between verbal and non-verbal messages
3 Describe roles of love and affection in family living
Other (specify)

3 2 1 N

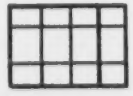
NN. Describing Steps of the Decision Making Process



1 Evaluate personal decisions
2 Analyze procedures for family decision making
3 Appraise methods for group decision making in different situations
Other (specify)

3 2 1 N

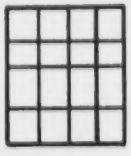
OO. Describing Developmental Changes Which Occur in Families



1 Recognize individual differences
2 Describe roles and responsibilities of family members over the life cycle
3 Identify family support services
Other (specify)

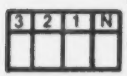
3 2 1 N

PP. Recognizing Levels of Readiness to Parent



1 Describe choices related to lifestyles and parenting
2 Assess attitudes toward parenting
3 Describe shared parental roles and responsibilities (including teens)
4 Analyze purposes of parenting education programs and services
Other (specify)

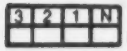
FAMILY AND INDIVIDUAL HEALTH



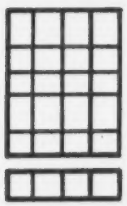
QQ. Recognizing Contributions of Health to Individual and Family Life

1. Describe characteristics of physical health
2. Describe characteristics of mental/social health

Other (specify)

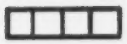


RR. Identifying Factors Affecting Health

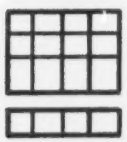


1. Compare communicable and noncommunicable diseases
2. Suggest methods of disease control
3. Differentiate between drug use and abuse
4. Recognize relationship of exercise and leisure to health
5. Identify skills for managing stress and crises

Other (specify)



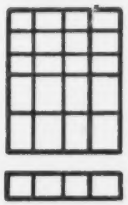
SS. Describing Safety and Emergency Procedures



1. Identify pest control procedures
2. Evaluate safe storage procedures
3. Describe theft and fire prevention procedures and equipment

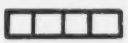
Other (specify)

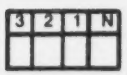
TT. Demonstrating First Aid Procedures



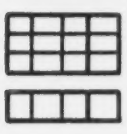
1. Describe measurement of vital signs
2. Describe methods of measuring temperature
3. Compare supplies and uses
4. Demonstrate home health care procedures (hygiene, moving, feeding)
5. Recognize ways to meet physical and emotional needs of home patients

Other (specify)



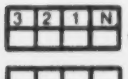


UU. Applying Nutrition and Food Group Guidelines to Meal Planning



1. List nutrient needs of teens
2. Plan balanced meals
3. Identify nutritious snacks and beverages

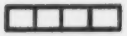
Other (specify)



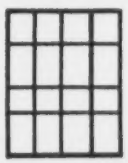
VV. Identifying Mealtime Needs of the Ill

1. Determine diet variations (clear liquid, soft)
2. Describe meal service variations (furnishings, equipment)
3. Assign family roles for meeting needs of the ill

Other (specify)

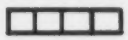


WW. Identifying Consumer Needs for Health Care

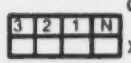


1. Distinguish between health fads and sound practices
2. Describe methods for keeping family health records
3. Identify health care providers
4. Identify sources of health information for consumers

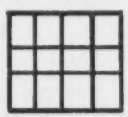
Other (specify)



CAREERS AND LEADERSHIP DEVELOPMENT

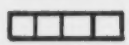


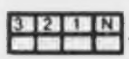
XX. Recognizing Careers in Home Economics



1. Describe personal qualities and training required
2. Identify careers
3. Investigate working conditions and income of specific careers

Other (specify)

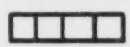


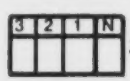


YY. Identifying Types of Small Businesses

1. Describe home-based home economics businesses
2. Assess personal skills and resources to be an entrepreneur
3. Compare advantages and disadvantages of owning a business and working for an employer

Other (specify)



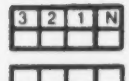


ZZ. Developing Leadership Through Future Homemakers of America

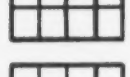
1. Define leadership
2. Identify leadership qualities and skills
3. Demonstrate leadership qualities and skills

Other (specify)

SPECIAL NEEDS POPULATIONS



AAA. Meeting the Needs of Special Populations*



1. Identify special needs
2. Make required changes in physical environment

Other (specify)

***Note: The needs of special populations should be addressed where appropriate and will not require a separate section.**

BEST COPY AVAILABLE

Name: _____ **Home Economics II** 40-1105-C

M090CD01

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

Rating Scale:
- 3 **Mastered** - can work independently with no supervision
- 2 **Requires Supervision** - can perform job completely with limited supervision
- 1 **Not Mastered** - requires instruction and close supervision
- N **No Exposure** - no experience or knowledge in this area

CP HmEcII 9/89

CHILD DEVELOPMENT

3 2 1 N

A. Caring for Young Children

1. Evaluate child care alternatives
2. Observe children
3. Select age-appropriate toys and books
4. Plan and prepare nutritious snacks

Other (specify) _____

CLOTHING AND TEXTILES

3 2 1 N

B. Planning a Wardrobe

1. Select appropriate clothing for different life stages
2. Analyze lifestyle
3. Determine clothing needs
4. Evaluate resources (money, time, skill)
5. Evaluate role of clothing in energy management

Other (specify) _____

3 2 1 N

C. Investigating Fibers and Fabrics

1. Identify fabrics made from natural and synthetic fabrics
2. Identify basic fabric construction techniques
3. Identify fabric finishes
4. Identify fabric care

Other (specify) _____

3 2 1 N

D. Demonstrating Use and Care of Sewing Machine

1. Review safety techniques
2. Review sewing machine operation

Other (specify) _____

3 2 1 N

E. Constructing a Garment/Product

1. Select a pattern based on skill level
2. Select fabric and notions for garment/product
3. Construct garment/product
4. Evaluate garment/product

Other (specify) _____

CONSUMER EDUCATION

3 2 1 N

F. Managing Time

1. Review time management techniques
2. Review multiple roles (wage earner, homemaker)

Other (specify) _____

3 2 1 N

G. Planning Finances

1. Complete a credit application
2. Calculate cost of credit
3. Identify factors that affect credit rating
4. Review banking procedures

Other (specify) _____

3 2 1 N

H. Obtaining Goods, Transportation, and Services

1. Consider consumer choices
2. Evaluate advertising
3. Evaluate warranty
4. Interpret a written contract
5. Evaluate energy efficiency of goods and equipment
6. Identify agencies to handle complaints
7. Write a letter of complaint
8. Interpret utility bills (phone, electricity, gas)
9. Maintain goods and transportation

Other (specify) _____

FAMILY AND INDIVIDUAL HEALTH

3 2 1 N

I. Coping with Stress

1. Identify stressors
2. Identify stress reactions
3. Develop problem-solving techniques

Other (specify) _____

3 2 1 N

J. Identifying Family Illnesses and Diseases

1. Practice prevention and control
2. Recognize symptoms
3. Recognize when to call the doctor

Other (specify) _____

FAMILY LIVING AND PARENTHOOD

3 2 1 N

K. Identifying Family Crisis Situations

1. Develop skills for coping with crisis (death, disabilities, divorce, substance abuse, illness)
2. Identify support groups

Other (specify) _____

3 2 1 N

L. Developing Personal Relationships

1. Evaluate qualities for date and mate selection
2. Identify types of love
3. Examine personal feelings on love
4. Identify responsible behavior

Other (specify) _____

3 2 1 N

M. Choosing a Lifestyle

1. Evaluate wants and needs
2. Examine types of families

Other (specify) _____

3 2 1 N

N. Appreciating Factors Influencing Decisions and Choices Related to Parenting

Other (specify)

_____

FOOD AND NUTRITION

3 2 1 N

O. Preserving Food

1 Identify equipment used in food preservation
2 Prepare foods using several preservation methods
3 Identify safety factors related to food preservation
Other (specify)

_____

3 2 1 N

P. Following Safe and Sanitary Practices

1 Evaluate situations for sanitary food handling and storage practices
2 Evaluate situations for possible health/safety hazards
Other (specify)

_____

3 2 1 N

Q. Preparing Yeast Breads

1 Complete time-work plan for preparing yeast breads
2 Prepare a variety of yeast bread product(s)
3 Evaluate yeast bread product(s)
Other (specify)

_____

3 2 1 N

R. Preparing Pastries

1 Prepare pastry dough for a 1- or 2-crust pie
2 Make a 1- or 2-crust pie
3 Make a meringue
4 Make a variety of pastry product(s)
5 Evaluate pastry product(s)
Other (specify)

_____

3 2 1 N

S. Preparing Protein Foods

1 Compare costs of available protein forms
2 Compare cooking methods
3 Compare grades of protein foods (meat, eggs, beans)
4 Compare cuts of meats
5 Prepare a cut of meat
6 Prepare a recipe containing protein as a major ingredient
7 Evaluate protein product(s)
Other (specify)

_____

3 2 1 N

T. Preparing Sugar Cookery Products

1 Prepare cake or cookies
2 Prepare a frosting
3 Prepare a candy
4 Evaluate sugar cookery product(s)
Other (specify)

_____

3 2 1 N

U. Preparing a Meal

1 Review basic nutrition
2 Plan attractive, nutritious menu
3 Prepare a time-work plan for meal
4 Obtain food
5 Prepare and serve meal
6 Evaluate meal
Other (specify)

_____

HOUSING AND HOME MANAGEMENT

3 2 1 N

V. Identifying Taste and Lifestyle

1 Explore variety of lifestyles
2 Personalize living space
3 Explore types of living space
Other (specify)

_____

3 2 1 N

W. Analyzing Building Style and Available Space

1 Analyze floor plans and traffic patterns
2 Plan convenient and efficient storage areas
Other (specify)

_____

3 2 1 N

X. Evaluating Living Space for Energy Efficiency

1 Identify human needs and values
2 Analyze living space for energy efficiency
3 Explore new types of energy efficient housing
4 Identify ways to decorate and furnish for energy efficiency
5 Evaluate home lighting
Other (specify)

_____

3 2 1 N

Y. Maintaining Living Space

1 Develop and use identification system for possessions
2 Review ways to maintain safe, healthy, and secure environment
3 Identify resources for yard and garden supplies and equipment (lawn mower, garden tractor, fans, chemicals, gasoline)
Other (specify)

_____

CAREERS AND LEADERSHIP DEVELOPMENT

3 2 1 N

Z. Recognizing Careers in Home Economics

1 Describe personal qualities and training required
2 Identify careers
3 Investigate working conditions and income of specific careers
Other (specify)

_____

3 2 1 N

AA. Identifying Types of Small Businesses

1 Describe home-based home economics businesses
2 Assess personal skills and resources to be an entrepreneur
3 Compare advantages and disadvantages of owning a business and working for an employer
Other (specify)

_____

3 2 1 N

BB. Developing Leadership Through Future Homemakers of America

1 Define leadership
2 Identify leadership qualities and skills
3 Demonstrate leadership qualities and skills
Other (specify)

_____

SPECIAL NEEDS POPULATIONS

3 2 1 N

CC. Meeting the Needs of Special Populations*

1 Identify special needs
2 Make required changes in physical environment
Other (specify)

_____

* **NOTE:** The needs of special populations should be addressed where appropriate and will not require a separate section

BEST COPY AVAILABLE

Name: _____ **Contemporary Living** 40-1990-C

M090CD07

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class

Rating Scale:
- **3 Mastered** - can work independently with no supervision
- **2 Requires Supervision** - can perform job completely with limited supervision
- **1 Not Mastered** - requires instruction and close supervision
- **N No Exposure** - no experience or knowledge in this area

CP ConLiv1 9/89

CHILD DEVELOPMENT

A. Applying Principles of Child Development

1. Provide guidance in emotional, social, physical, and intellectual growth
2. Recognize age-appropriate behaviors
3. Identify proper ways to communicate with children
4. Identify goal of child guidance
5. Distinguish between discipline and punishment
6. Use problem-solving techniques in child guidance

Other (specify)

_____

_____

B. Providing an Appropriate Environment

1. Evaluate toys for safety
2. Locate and eliminate safety hazards
3. Evaluate child care facilities and providers

Other (specify)

_____

_____

CLOTHING AND TEXTILES

C. Planning a Wardrobe

1. Plan wardrobe needs according to lifestyle and career
2. Apply principles of design and color
3. Evaluate resources
4. Evaluate ready made garments

Other (specify)

_____

_____

D. Performing Basic Construction Techniques and Repair of Clothing

1. Demonstrate ability to operate sewing machine safely
2. Identify and use tools, notions, and equipment
3. Demonstrate basic sewing techniques
4. Make minor repairs and alterations

Other (specify)

_____

_____

E. Caring for Clothing

1. Interpret care and fabric content labels
2. Prepare clothing for laundry or dry cleaning
3. Identify correct stain removal techniques
4. Select laundry supplies
5. Demonstrate proper use and care of laundry equipment
6. Determine appropriate clothing storage

Other (specify)

_____

_____

CONSUMER EDUCATION

F. Planning Finances

1. Explore personal goals and values
2. Manage resources (time, energy, money)
3. Utilize decision making skills
4. Analyze income and expenses
5. Prepare a spending plan
6. Distinguish among services of financial institutions
7. Identify savings and investment opportunities
8. Evaluate credit
9. Utilize banking services
10. Prepare income tax forms

Other (specify)

_____

_____

G. Developing Consumer Information Skills

1. Identify rights and responsibilities as a consumer
2. Analyze advertising
3. Interpret labels
4. Demonstrate comparative shopping skills
5. Develop awareness of government agencies and services
6. Distinguish between warranties and guarantees
7. Resolve complaints as a consumer
8. Recognize consumer fraud
9. Prepare and maintain family records

Other (specify)

_____

_____

H. Selecting Transportation

1. Assess personal needs
2. Investigate options available
3. Buy vehicle(s)
4. Care for and maintain vehicle(s)

Other (specify)

_____

_____

I. Exploring Insurance

1. Identify types
2. Select insurance to meet needs
3. Select agencies
4. Inventory possessions
5. File claims

Other (specify)

_____

_____

FAMILY AND INDIVIDUAL HEALTH

J. Developing Wellness

1. Differentiate physical, emotional, and social health
2. Distinguish between good and bad health habits
3. Identify stress situations
4. Develop problem-solving techniques for coping
5. Identify health-related resources
6. Make a personal lifetime wellness plan

Other (specify)

_____

_____

FAMILY LIVING AND PARENTHOOD

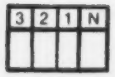
K. Developing Personal Relationships

1. Complete self-analysis activities
2. Examine alternative lifestyles
3. Identify selection qualities
4. Identify and practice communication skills
5. Utilize problem-solving techniques in relationships
6. Develop a plan to build positive personal relationships
7. Make adjustments in personal relationships

Other (specify)

_____

_____

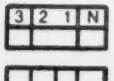


L. Appreciating Factors Influencing Decisions and Choices Related to Parenting

Other (specify)

_____

_____



M. Identifying Family Crisis Situations

1 Develop skills for coping with crises (disabilities, death and dying, suicide, divorce, substance abuse)
2 Identify support groups
Other (specify)

_____

_____

FOOD AND NUTRITION

N. Planning Meals

1 Review basic nutritional requirements
2 Distinguish between nutritional facts and fallacies
3 Evaluate personal food habits and nutrition
4 Make a personal food plan
5 List ways to give variety to meals
6 Identify family needs and resources
7 Evaluate menus
8 Plan menus
Other (specify)

_____

_____

O. Buying Food

1 Make a shopping list
2 Use wise shopping techniques
3 Read and evaluate nutritional labels
4 Store food properly
Other (specify)

_____

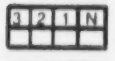
_____

P. Preparing Meals

1 Define cooking terms
2 Identify kitchen utensils and tools
3 Perform measuring and cooking skills
4 Make a time work plan
5 Follow safe and sanitary practices
6 Read and follow recipe directions
7 Prepare nutritious foods
Other (specify)

_____

_____



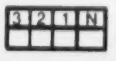
Q. Serving Food

1 Choose and organize method of serving
2 Set eating area appropriately
3 Evaluate finished product and work plan
4 Clean up kitchen
Other (specify)

_____

_____

HOUSING AND HOME MANAGEMENT

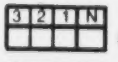


R. Furnishing a Home

1 Evaluate taste and lifestyle
2 Evaluate resources
3 Compare features, price, quality, and care
4 Explore options for acquiring furnishings
5 Apply elements and principles of design
Other (specify)

_____

_____

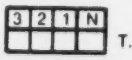


S. Evaluating Housing

1 Assess family needs and resources
2 Investigate housing options
3 Purchase and finance housing
4 Evaluate leases and contracts
5 Exercise rights and responsibilities
6 Evaluate energy efficiency
Other (specify)

_____

_____



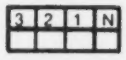
T. Performing Home Maintenance

1 Identify tasks and procedures
2 Develop and implement maintenance schedule
3 Obtain necessary products and tools
4 Store products and tools properly
5 Identify and compare service personnel
6 Conserve energy
7 Install safety and security devices
Other (specify)

_____

_____

CAREERS AND LEADERSHIP DEVELOPMENT

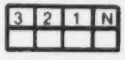


U. Recognizing Careers in Home Economics

1 Describe personal qualities and training required
2 Identify careers
3 Investigate working conditions and income of specific careers
Other (specify)

_____

_____



V. Identifying Types of Small Businesses

1 Describe home based home economics businesses
2 Access personal skills and resources to be an entrepreneur
3 Compare advantages and disadvantages of owning a business and working for an employer
Other (specify)

_____

_____

W. Developing Leadership Through Future Homemakers of America

1 Define leadership
2 Identify leadership qualities and skills
3 Demonstrate leadership qualities and skills
Other (specify)

_____

_____

SPECIAL NEEDS POPULATIONS

X. Meeting the Needs of Special Populations*

1 Identify special needs
2 Make required changes in physical environment
Other (specify)

_____

_____

* **NOTE**: The needs of special populations should be addressed where appropriate and will not require a separate section

BEST COPY AVAILABLE

Name: _____ **Clothing and Textiles (Intermediate)** 40-2011-C

M089CP02

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

Rating Scale:
- 3 **Mastered** - can work independently with no supervision
- 2 **Requires Supervision** - can perform job completely with limited supervision
- 1 **Not Mastered** - requires instruction and close supervision
- N **No Exposure** - no experience or knowledge in this area

CP ClothTex1 7/89

3 2 1 N

A. Recognizing Functions of Dress

1. Evaluate clothing selection factors
2. Identify cultural differences in dress

Other (specify)

_____

_____

3 2 1 N

B. Differentiating Clothing for Multiple Roles

1. Differentiate clothing for occupational and social occasions
2. Describe use of hygiene products and aids
3. Develop a personal appearance plan

Other (specify)

_____

_____

3 2 1 N

C. Recognizing Wardrobe Needs for Multiple Roles

1. Appraise wardrobe inventory
2. Identify ways to extend wardrobe
3. Create ways to personalize wardrobe
4. Identify ways to adapt wardrobe for special needs

Other (specify)

_____

_____

3 2 1 N

D. Identifying Consumer Protection Regulations

1. Evaluate label information
2. Evaluate textile fibers, fabrics, and finishes

Other (specify)

_____

_____

3 2 1 N

E. Preparing a Clothing Budget

1. Identify shopping practices
2. Compare features, price and quality

Other (specify)

_____

_____

3 2 1 N

F. Evaluating Care Methods of Textile Products

1. Identify consumer responsibilities
2. Analyze stain removal methods and products
3. Describe laundry and dry cleaning methods
4. Describe pressing procedures

Other (specify)

_____

_____

3 2 1 N

G. Describing Alteration Techniques

1. Evaluate apparel fit
2. Demonstrate repair methods
3. Describe ways to recycle apparel and home textile products
4. Identify outside services

Other (specify)

_____

_____

3 2 1 N

H. Comparing Quality and Features of Construction Equipment and Aids

1. Demonstrate safe use and care of sewing machine and equipment
2. Select pattern to correspond to resources and competencies
3. Select fabrics and notions for pattern and special needs
4. Demonstrate pattern alterations for special needs

Other (specify)

_____

_____

3 2 1 N

I. Selecting Patterns with Specific Construction Techniques

1. Apply facings and interfacings
2. Select and demonstrate zipper application
3. Construct waistbands
4. Construct and apply collars
5. Construct and insert sleeves

Other (specify)

_____

_____

3 2 1 N

J. Recognizing Careers in Clothing and Textiles

1. Describe personal qualities and training required
2. Identify careers
3. Investigate working conditions and income of specific careers

Other (specify)

_____

_____

3 2 1 N

K. Identifying Types of Small Businesses

1. Describe home-based home economics businesses
2. Assess personal skills and resources to be an entrepreneur
3. Compare advantages and disadvantages of owning a business and working for an employer

Other (specify)

_____

_____

3 2 1 N

L. Developing Leadership Through Future Homemakers of America

1. Define leadership
2. Identify leadership qualities and skills
3. Demonstrate leadership qualities and skills

Other (specify)

_____

_____

3 2 1 N

M. Meeting the Needs of Special Populations*

1. Identify special needs
2. Make required changes in physical environment

Other (specify)

_____

_____

* **NOTE:** The needs of special populations should be addressed where appropriate and will not require a separate section

Name: _____ **Clothing and Textiles (Advanced)** 40-2020-C

M090CD07

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class

Rating Scale:
- **3 Mastered** - can work independently with no supervision
- **2 Requires Supervision** - can perform job completely with limited supervision
- **1 Not Mastered** - requires instruction and close supervision
- **N No Exposure** - no experience or knowledge in this area

CP AdvCloTex 7/89

3 2 1 N

A. Reviewing Fashion History

1. Explore fashion styles and designs
2. Review fads vs. fashions

Other (specify)

_____

_____

B. Planning a Wardrobe

1. Analyze the effect of color
2. Coordinate wardrobe
3. Update wardrobe
4. Use accessories effectively

Other (specify)

_____

_____

C. Using Consumer Skills

1. Determine costs of recommended care
2. Determine costs per wearing (initial cost, care, etc.)
3. Compare ready made vs. home made (cost, quality, style, fit)
4. Investigate shopping alternatives
5. Exercise consumer rights and responsibilities

Other (specify)

_____

_____

D. Identifying Fibers and Fabrics

1. Identify fiber and fabric construction and finishes
2. Identify fabrics

Other (specify)

_____

_____

E. Using Equipment

1. Review use and care of equipment
2. Explore specialized equipment

Other (specify)

_____

_____

F. Performing Construction Techniques on Garment(s)/Product(s)/Sample(s)

1. Use advanced seams and seam finishes. (Hong Kong, French, welt, corded)
2. Explore interfacing techniques
3. Construct vents and plackets
4. Construct tucks and pleats
5. Explore specialty hems, zipper applications, and pockets
6. Construct linings
7. Construct notched collar
8. Construct welt pocket and bound buttonholes
9. Explore pad-stitching and speed tailoring
10. Explore accessories

Other (specify)

_____

_____

G. Making Alterations and Repairs

1. Analyze garment fit
2. Perform alterations or repairs on existing garment

Other (specify)

_____

_____

H. Recognizing Careers in Clothing and Textiles

1. Describe personal qualities and training required
2. Identify careers
3. Investigate working conditions and income of specific careers

Other (specify)

_____

_____

I. Identifying Types of Small Businesses

1. Describe home based home economics businesses
2. Assess personal skills and resources to be an entrepreneur
3. Compare advantages and disadvantages of owning a business and working for an employer

Other (specify)

_____

_____

J. Developing Leadership Through Future Homemakers of America

1. Define leadership
2. Identify leadership qualities and skills
3. Demonstrate leadership qualities and skills

Other (specify)

_____

_____

K. Meeting the Needs of Special Populations*

1. Identify special needs
2. Make required changes in physical environment

Other (specify)

_____

_____

* **NOTE:** The needs of special populations should be addressed where appropriate and will not require a separate section

Name: _____

Home Management

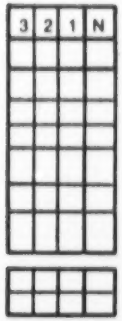
40-6000-C

M090CP07

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

Rating Scale:
- **3 Mastered** - can work independently with no supervision
- **2 Requires Supervision** - can perform job completely with limited supervision
- **1 Not Mastered** - requires instruction and close supervision
- **N No Exposure** - no experience or knowledge in this area

CP HmMgt 7/89



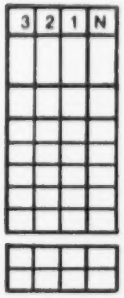
A. Orientation to Home Management

1. Define home management
2. Determine goals, values, and standards
3. Practice decision-making skills
4. Explore societal influences on the role of the homemaker and wage earner
5. Explore homemaking trends
6. Explore home management changes throughout life cycle

Other (specify):

_____

_____



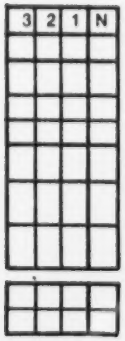
B. Identifying Human and Non-Human Resources

1. Assess use of time
2. Assess use of energy
3. Assess use of money
4. Identify state, federal, and local resources
5. Make inventory of personal skills
6. Practice proper working methods

Other (specify):

_____

_____



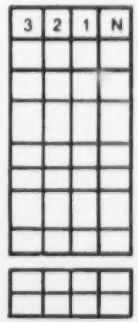
C. Making the Home Safe and Convenient

1. Practice safe and sanitary work habits
2. Store hazardous substances safely
3. Identify and eliminate household hazards
4. Organize household storage for efficiency and convenience
5. Identify safety and security devices and procedures
6. Develop and use identification system for possessions

Other (specify):

_____

_____



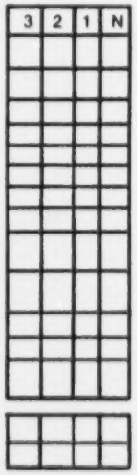
D. Caring for and Maintaining a Household

1. Evaluate basic cleaning supplies
2. Establish daily, weekly, monthly, and seasonal cleaning routines
3. List tools needed in a basic repair kit
4. Make basic repairs
5. Plan home improvements to increase energy efficiency
6. Use appliances appropriately

Other (specify)

_____

_____



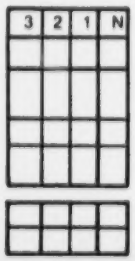
E. Managing a Home

1. Practice consumer skills
2. Manage family/individual food
3. Manage family/individual clothing
4. Manage family/individual transportation
5. Manage family/individual health care
6. Manage family/individual relationships
7. Plan appropriate child care
8. Manage family/individual recreation and leisure time
9. Practice energy management in home activities
10. Manage family/individual finances
11. Analyze housing alternatives
12. Shop for new and used furnishings and equipment

Other (specify)

_____

_____



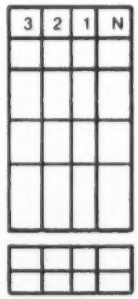
F. Recognizing Careers in Housing and Home Management

1. Describe personal qualities and training required
2. Identify careers
3. Investigate working conditions and income of specific careers

Other (specify)

_____

_____



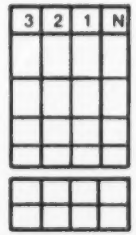
G. Identifying Types of Small Businesses

1. Describe home-based home economics businesses
2. Assess personal skills and resources to be an entrepreneur
3. Compare advantages and disadvantages of owning a business and working for an employer

Other (specify)

_____

_____



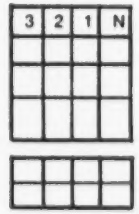
H. Developing Leadership Through Future Homemakers of America

1. Define leadership
2. Identify leadership qualities and skills
3. Demonstrate leadership qualities and skills

Other (specify)

_____

_____



I. Meeting the Needs of Special Populations*

1. Identify special needs
2. Make required changes in physical environment

Other (specify)

_____

_____

* **NOTE:** The needs of special populations should be addressed where appropriate and will not require a separate section.

Name: _____ **Housing, Home Furnishings and Equipment 40-6100-C**

M090CD07

Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

Rating Scale: **3 Mastered** - can work independently with no supervision
2 Requires Supervision - can perform job completely with limited supervision
1 Not Mastered - requires instruction and close supervision
N No Exposure - no experience or knowledge in this area

5-90

3 2 1 N

A. Analyzing Living Space and Human Needs

1. Analyze human needs met through housing
2. Investigate the evolution of living space
3. Describe how housing preferences change with the life cycle

Other (specify): _____

3 2 1 N

B. Analyzing Legal and Financial Aspects of Housing

1. Determine economic priorities in housing affordability
2. Investigate procedures and financial responsibilities for obtaining housing
3. Compare moving rates and options

Other (specify): _____

3 2 1 N

C. Analyzing Housing Alternatives

1. Identify types of housing in various geographic areas
2. Compare advantages and disadvantages of housing alternatives
3. Compare housing alternatives to personal values and lifestyle priorities
4. Compare and contrast housing locations
5. Identify responsibilities associated with housing alternatives

Other (specify): _____

3 2 1 N

D. Identifying Housing Exteriors and Maintenance Requirements

1. Identify various architectural/building styles
2. Identify and compare maintenance tasks

Other (specify): _____

3 2 1 N

E. Evaluating Structural Aspects of Housing

1. Evaluate energy efficiency
2. Evalute structure and support systems of a house
3. Evaluate safety
4. Interpret common blueprint symbols
5. Evaluate floor plans for individuals and family needs

Other (specify): _____

3 2 1 N

F. Using Design Fundamentals

1. Identify taste and lifestyle
2. Apply principles of design
3. Use elements of design

Other (specify): _____

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3 2 1 N

G. Analyzing Building Style and Available Space

1. Evaluate site
2. Identify traffic
3. Analyze usable space

Other (specify): _____

3 2 1 N

H. Furnishing a Home

1. Identify furniture styles
2. Evaluate quality of furniture
3. Determine guidelines for the selection and retention of furniture
4. Modify or adapt furniture
5. Analyze the financial and procedural aspects of furniture acquisition
6. Apply effective techniques for furniture placement
7. Determine care and maintenance procedures

Other (specify): _____

3 2 1 N

I. Selecting Surface Area Coverings

1. Select appropriate floor coverings for rooms with specified use
2. Select appropriate wall treatments
3. Compare options for ceiling design
4. Calculate coverage needs and costs of surface treatments

Other (specify): _____

3	2	1	N

J. Selecting Window Treatments

1. Identify window types
2. Identify and compare window treatments
3. Evaluate windows and window treatments for energy efficiency

Other (specify):

_____

_____

3	2	1	N

K. Selecting Accessories

1. Identify types of accessories
2. Apply principles of design to selection and use of accessories

Other (specify):

_____

_____

3	2	1	N

L. Selecting Household Equipment

1. Consider factors influencing appliance choices
2. Evaluate features of appliances (performance, cost, quality, energy efficiency)
3. Clean and store household equipment
4. Explore resources available to the consumer
5. Select service personnel

Other (specify):

_____

_____

3	2	1	N

M. Maintaining a Safe and Secure Environment

1. Install safety and security devices
2. Identify and use identification system for possessions

Other (specify):

_____

_____

3	2	1	N

N. Recognizing Careers in Housing and Home Management

1. Describe personal qualities and training required
2. Identify careers
3. Investigate working conditions and income of specific careers

Other (specify):

_____

_____

3	2	1	N

O. Identifying Types of Small Businesses

1. Describe home-based home economics businesses
2. Assess personal skills and resources to be an entrepreneur
3. Compare advantages and disadvantages of owning a business and working for an employer

Other (specify):

3	2	1	N

P. Developing Leadership Through Future Homemakers of America

1. Define leadership
2. Identify leadership qualities and skills
3. Demonstrate leadership qualities and skills

Other (specify):

_____

_____

3	2	1	N

SPECIAL NEEDS POPULATIONS

Q. Meeting the Needs of Special Populations*

1. Identify special needs
2. Make required changes in physical environment

Other (specify):

_____

_____

*NOTE: The needs of special populations should be addressed where appropriate and will not require a separate section.

Name: _____

Family Living and Parenthood

40-7150-C

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Directions: Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class

Rating Scale:
- **3 Mastered** - can work independently with no supervision
- **2 Requires Supervision** - can perform job completely with limited supervision
- **1 Not Mastered** - requires instruction and close supervision
- **N No Exposure** - no experience or knowledge in this area

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3	2	1	N

A. Appreciating Strategies for Developing a Positive Self-Concept

1. Evaluate needs, wants, values, short- and long-term goals
2. Analyze factors influencing personality development
3. Describe personal feelings, attitudes, and interests
4. Describe methods for determining priorities
5. Appraise strategies for promoting growth and maturity

Other (specify)

_____

_____

3	2	1	N

B. Identifying Communication Skills

1. Describe influences upon family and peer communication
2. Analyze messages in personal communication patterns
3. Distinguish between friendship and love relationships
4. Evaluate factors influencing dating and mate selection
5. Analyze strategies for dealing with conflict and crisis

Other (specify)

_____

_____

3	2	1	N

C. Appreciating Types of Lifestyles

1. Recognize various family patterns and lifestyles
2. Describe stages of family development
3. Appraise ways to manage multiple roles and responsibilities
4. Appraise problem solving and decision making skills
5. Describe individual roles in managing family resources

Other (specify)

_____

_____

3	2	1	N

D. Appreciating Factors Influencing Decisions and Choices Related to Parenting

Other (specify)

_____

_____

3	2	1	N

E. Recognizing Careers in Family Living and Parenthood

1. Describe personal qualities and training required
2. Identify careers
3. Investigate working conditions and income of specific careers

Other (specify)

_____

_____

3	2	1	N

F. Identifying Types of Small Businesses

1. Describe home-based home economics businesses
2. Assess personal skills and resources to be an entrepreneur
3. Compare advantages and disadvantages of owning a business and working for an employer

Other (specify)

_____

_____

3	2	1	N

G. Developing Leadership Through Future Homemakers of America

1. Define leadership
2. Identify leadership qualities and skills
3. Demonstrate leadership qualities and skills

Other (specify)

_____

_____

3	2	1	N

H. Meeting the Needs of Special Populations*

1. Identify special needs
2. Make required changes in physical environment

Other (specify)

_____

_____

* **NOTE**: The needs of special populations should be addressed where appropriate and will not require a separate section